

REGISTRATION FORM

1ST Annual Stroll for Epilepsy - Dutchess to Ulster County
Sunday, June 6, 2010 ~ Walkway Over the Hudson Bridge

Register and fundraise online at www.epilepsyfoundation.org/efneny
or complete this form and mail in.

- ▶ Complete this form for each person attending the walk.
- ▶ Cut and fax or mail to the address listed below.
- ▶ Bring your donations the day of the walk.

Epilepsy Foundation of NENY
3 Washington Square
Albany, NY 12205
Fax: (518) 452-1282

Name(s): _____

E-Mail: _____

Address: _____

City / State / Zip: _____

Phone (Circle H or W): (____) _____ Fundraising Goal: \$ _____

I am / We are: Individual Walker Part of a Team

Team Captain: _____ Team Name: _____

Enclosed is my registration fee(s). Children's Ages: _____

TEAM CAPTAINS - Please check in your team the day of the walk!



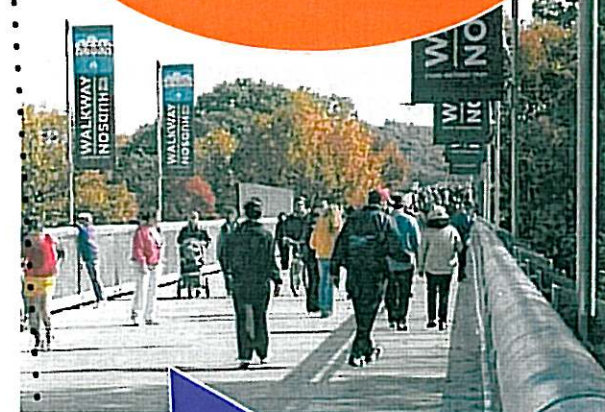
Main Office:
3 Washington Square ~ Albany, New York 12205
Upper Hudson Valley Satellite Office:
60 Park Lane, Suite 4 ~ Highland, New York 12528



*1st Annual
Stroll for Epilepsy
Dutchess
to
Ulster County*

*Sunday
June 6, 2010*

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Walkway Over the
Hudson Bridge*



It's as Easy as 1-2-3

Step 1 > REGISTER TODAY

Come **INDIVIDUALLY** or as a **TEAM**.

Visit our website

www.epilepsyfoundation.org/efneny
to register on-line or complete and mail the attached registration form. Contact Lauren Nazarian at lnazarian@epilepsyneny.com or call (845) 883-6320

- ▶ Registration fee ~ \$25 per person.
- ▶ Children 12 and under are FREE.

Register early and receive a Stroll for Epilepsy umbrella (while supplies last)!

Step 2 > COLLECT DONATIONS

Set a fundraising goal. Pledges should be a flat amount, not a per mile pledge. Collect the pledges on the spot! It's easier than you think to raise money for EFNENY. Here's how...

- ▶ Ask 3 family members, 3 friends, 3 co-workers and 3 neighbors to sponsor you for \$10 each.
- ▶ Ask your boss to sponsor you for \$25. Check to see if your employer will match employee contributions.
- ▶ Follow these easy steps and you will have raised over \$100.00!

Make checks payable to
"Epilepsy Foundation"

Step 3 > TAKE A STROLL!

Report to the registration table when you arrive at the park. Bring the money you've collected with you.

It's a "FUN"raiser

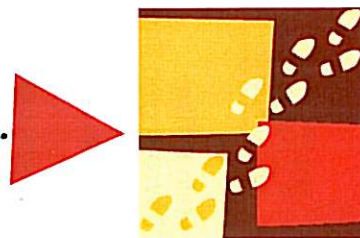
Enjoy a 2.5 mile stroll on the historic Walkway Over the Hudson Bridge!



- ▶ Join the fun **RAIN or SHINE!**
11:00am Check-in / Registration
Noon Stroll Begins!
- ▶ The walk begins and ends on the Poughkeepsie side.
- ▶ The Check-in / Donation Drop-off Table will be located on the Poughkeepsie side.

PRIZES!!!

- ▶ Prizes will be awarded to the top individual and team fundraisers!



Who we are

Our Mission:

The Epilepsy Foundation of Northeastern New York will ensure that people with seizures are able to participate in all life experiences; and will prevent, control and cure epilepsy through services, education, advocacy and research.

Our Service Area:

The Epilepsy Foundation serves 22 counties including: Albany, Clinton, Columbia, Dutchess, Essex, Franklin, Fulton, Greene, Hamilton, Herkimer, Jefferson, Lewis, Montgomery, Rensselaer, St. Lawrence, Saratoga, Schenectady, Schoharie, Sullivan, Ulster, Warren and Washington counties.



Why Stroll?

- ▶ To raise awareness of epilepsy.
- ▶ To raise funds needed to provide programs and services to people affected by epilepsy in northeastern New York.

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## Did You Know...

- ▶ Epilepsy is a neurological disorder that is characterized by recurrent seizures.
- ▶ More than 45,000 adults and children with epilepsy live in the twenty-two counties of northeastern New York. Of this amount it is estimated that over 11,000 live in the upper Hudson Valley.
- ▶ More than 2 million people have some form of epilepsy and many more have undetected or untreated epilepsy.
- ▶ Approximately 125,000 new cases of epilepsy are reported each year.
- ▶ Epilepsy can affect anyone at any age at any time.
- ▶ The incidence of epilepsy due to head injuries can be reduced by the use of helmets while biking, skating and skiing and using automobile restraints.

